



## The Formula: The Secret to a Better Life

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By Geoff Thompson

Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, The Formula: The Secret to a Better Life, Geoff Thompson, 'There is no corner of the world that we cannot access, no fear too large to overcome.' Most people don't realise their full potential. Instead of striving to achieve all that they can, they allow themselves to be scared into settling for second best, and end up feeling unfulfilled and unsatisfied. This inspiring book will motivate you to identify your goals and make the most of your opportunities to get to where you want to be. In his trademark clear and direct style, best-selling writer Geoff Thompson provides the formula that will help you break the cycle of mediocrity and live the life that you were meant to live.



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