



Time Management for Stress Free Living

By Reid Cahill

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Bonus Free Gift: For a limited time, buy this book and receive your life changing tips worksheet and step-by-step instructions to start re-living life in the first week. When was the last time you felt like things in your life were really in control? The majority of today s workers are finding they are putting more effort into their work and getting less out of the grind. They have to fight in order to save up the right for more time off for that precious family holiday. It feels like it takes longer to commute to work and to get across town for appointments. Their problem is that they don t challenge the status quo. They follow others and as a result lead highly inefficient lives. Are you one of those people? Don t you want to change? Get your life back! You can make some minor changes in your day-to-day life that can provide you with the benefit of more time to relax, spend time with friends and family or just appreciate an escape in a book....

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