



Coping with Kidney Disease: A 12-Step Treatment Program to Help You Avoid Dialysis

By Mackenzie Walser, Betsy Thorpe

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Coping with Kidney Disease: A 12-Step Treatment Program to Help You Avoid Dialysis, Mackenzie Walser, Betsy Thorpe, A revolutionary program that can indefinitely postpone the need for dialysis If you've been diagnosed with kidney failure, this book could save your life. If you suffer from diabetes, hypertension, obesity, or any of a host of conditions that put you at risk for kidney disease, you owe it to yourself to read what is in this book. If you are among the 60,000 North Americans who go on dialysis each year, the information in this book could substantially improve your quality of life. In Coping with Kidney Disease, a leading expert tells you, in plain English, what you need to know to: Understand kidney failure Recognize early warning signs of kidney failure Get a proper diagnosis Talk with your doctors about it Confidently evaluate treatment options Take charge of your treatment Delay dialysis or even avoid the need for it altogether The centerpiece of Coping with Kidney Disease is Dr. Walser's revolutionary 12-step program for avoiding dialysis. Based on treatments he has pioneered with his own patients at the Johns Hopkins...



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