



The Power of Meditation: The Voice of My Soul

By Jennifer J

Createspace, United States, 2010. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In practicing meditation, we will learn to use our heart as our central computing system. The wisdom that flows from our heart is effortless. This is the essential difference between our mind and our heart. One needs constant energy and focus, the other is free from restrictions and is spontaneously connecting with the flow of nature. It is content with the unlimited energy and information. Meditation allows me to swim into this amazing field of universal organizing power, to explore and search whatever my heart desires. That is the power of meditation. In this book is a collection of insights from my practice of meditation. They are the treasures for reshaping my life. They are the wisdom from heaven. They are the truth and the reality about my life. They are the stories of my soul. We all belong to this one consciousness of the universe. We are all interrelated and yet we all appear differently. Knowing who we really are and what we are really capable of doing in our life is the fundamental knowledge for each...



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The book is fantastic and great. It is rally exciting throgh looking at period of time. Your way of life period will likely be change when you full reading this publication.

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