



## Natural Beauty Recipes for the Modern Woman: A Perfect Guide on How to Get That Natural Beauty

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By Susan Johnson

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It s far better to use natural beauty recipes on your skin, hair, and inside your body, than it is to use processed products. Synthetic products contain Parabens, which are so similar to the hormones a body produces naturally, that they can actually do more damage than good. Parabens throw off the Endocrine system, which includes the Pituitary Gland, and the Hypothalamus. You don t want to throw off your hormones; doing so could lead to things like slow metabolism, excess fat, and problems with Lymph Nodes. Natural products are a way to apply nutrients directly to your face, hair, or skin.



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