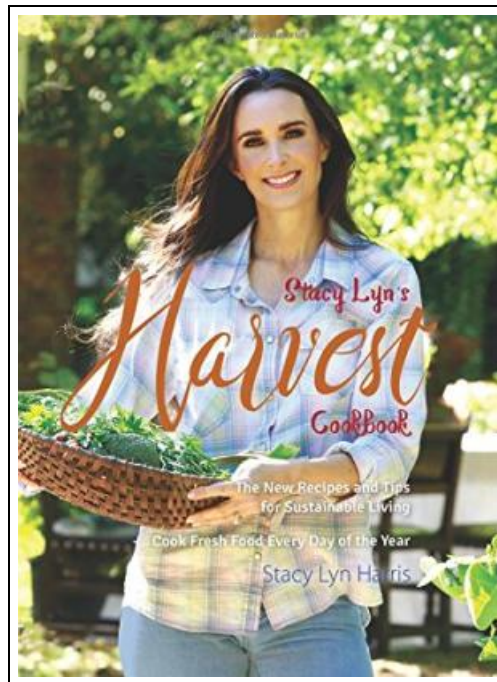


Stacy Lyn s Harvest Cookbook: Cook Fresh Food Every Day of the Year (Hardback)



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Reviews

A top quality pdf and also the font applied was fascinating to read. It can be full of knowledge and wisdom I am effortlessly could possibly get a delight of studying a created ebook.

(Oceane Stanton DVM)

STACY LYN S HARVEST COOKBOOK: COOK FRESH FOOD EVERY DAY OF THE YEAR (HARDBACK)



Gray Forest Publishing, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Co-host of -The Sporting Chef- shares her tips and more than 100 recipes for food from the garden, pasture, woods, and water. With nine mouths to feed on a daily basis, Alabama chef Stacy Lyn Harris keeps it simple, but doesn't skimp on elegance. Her seven kids enjoy homegrown food, prepared beautifully and sustainably thanks to a few chickens in the back, a year-round kitchen garden, milk from a dairy farmer just outside of town, and locally-sourced free-range meats. Always served up in Stacy Lyn s rustic-refined style, her dishes are classic Old South, but with a fresh, healthy, beautiful twist. Featuring full-color photos, Stacy Lyn s Harvest Cookbook includes more than 100 field- and farm-to- table recipes that meet her three-part criteria: family friendly (easy, with simple ingredients), fresh, and tasty. There are cherished family recipes, free-range meat dishes derived from her husband s hunting obsession, and lighter takes on decidedly southern classics--all prepared simply, in the freshest way possible. The book covers food from the garden, pasture, woods, and water in four sections: -The Garden- features Fried Green Tomatoes, Jalapeno Poppers, Corn Chowder, Fried Squash with Tomatoes and Pesto, and other recipes to make you wish it was summer all year long. -Beyond the Garden- delves into beekeeping and raising chickens for an amazing Honey Butter to pour over Cinnamon Pear Buns and your favorite Egg Salad Sandwiches with Refrigerator Pickles. -From the Pasture- focuses on free-range, pasture-fed game recipes like Braised Short Ribs, Black-Eyed Pea Gumbo, and Juicy Pork Chops, plus a how-to on sausage-making. -Seafood and Fish- includes Stacy Lyn s favorite entertaining recipes, Best Ever Clam Bake and Perfect Fish Tacos. Included are 15 -how-to- articles sprinkled throughout the...



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