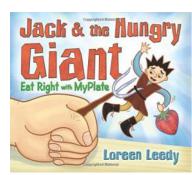
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Holiday House, United States, 2013. Hardback Condition: New. Language: English. Brand New Book. Lucky for Jack, the giant he meets at the top of the beanstalk chasing him with a huge fork does not plan to eat him. He is more interested in nutrition that in devouring him. Using the USDAs MyPlate nutrition model, the giant makes Jack a scrumptious meal. As he cooks, he teaches Jack about the food groups-grains, proteins, fruits, vegetables, and dairy-and how much...

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- Authored by Loreen Leedy
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