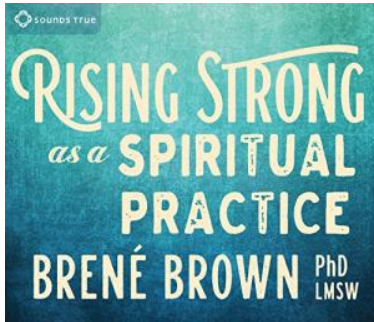


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## RISING STRONG AS A SPIRITUAL PRACTICE



SOUNDS TRUE INC, United States, 2017. CD-Audio. Condition: New. Unabridged. Language: English. Brand New. Spirituality--How It Makes Us Stronger With her previous bestsellers, Dr. Brené Brown helped us realize that vulnerability is the birthplace for trust, courage, joy, creativity, and love. Yet a willingness to be vulnerable means accepting that life will sometimes knock us down. Where do we find the strength to get back up? In her research on resilient people, Brené discovered a key factor. Without exception...

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