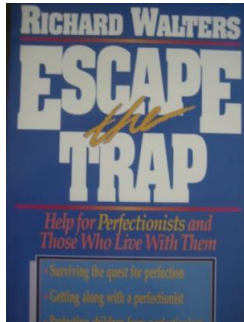


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ESCAPE THE TRAP: HELP FOR PERFECTIONISTS RICHARD WALTERS



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