



Living Consciously: In an Ego Driven Society

By Karen Monteverdi

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 150 pages. Dimensions: 8.9in. x 5.9in. x 0.5in. Living Consciously In An Ego Driven Society is a guide to creating conscious awareness of your own experience of life. Karen Monteverdi uses her unique story of her awakening to guide the reader through the resources that support awakening to your true nature. Awaken to the simplicity of life, after three years the book is rapidly gaining popularity. As Best Selling Author and Motivational Speaker Tony Burroughs says; Karen Monteverdi has given us a book that is as wise as it is timely. Neuro-scientists explain today that mirror neurons in conjunction with sensory perceptions can cause the observer to feel emotions of others. Today we are seeing a great shift in the human experience. We are feeling deeper than ever before, we pick up information from others through our sensory perceptions. It seems more important than ever to understand self at a much deeper level. The deep understanding of self allows us to know what is important to care for, and what is a distraction that pulls us away from the focus on our true nature. The book Living Consciously...



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