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Focus on Solutions: A Health Professional s Guide 2016

By Kidge Burns

Solutions Books, United Kingdom, 2016. Paperback. Book Condition: New. 2nd Revised edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Solution Focused Brief Therapy (SFBT) promotes collaborative work and positive outcomes. It is an approach that can be used with individuals, families and groups in acute hospitals as well as with clients who are seen as outpatients or in the community. Written in an accessible style with over seventy case examples, this new edition of Focus on Solutions shows how SFBT can help people who are suffering from voice or memory difficulties, a stammer, a stroke, HIV, traumatic brain injury or illness such as cancer or Parkinson s disease. Two new full session transcripts show clients beginning to shift from focusing on the problems in their lives towards a clear description of how they want their lives to be different. Recent outcomes are included on solution focused supervision within the NHS and examples of ways to help clients monitor progress and give feedback. Focus on Solutions contains many useful ideas for experienced practitioners and those new to solution focused work, which is of growing importance in the health service as well as business and...



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