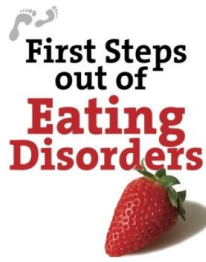


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FIRST STEPS OUT OF EATING DISORDERS (PAPERBACK)

Dr Kate Middleton & Dr Jane Smith



Lion Hudson Plc, United Kingdom, 2010. Paperback Condition: New. Language: English. Brand New Book First Steps is a new series of short, affordable self-help on a range of key topics. In First Steps out of Eating Disorders, Kate Middleton and Jane Smith draw on their extensive experiences as psychologists working with eating disorders. They explain what constitutes an eating disorder, common issues those with eating disorders face, and what to do about getting better. The book is written primarily...

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- Authored by Dr. Kate Middleton, Jane Smith
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