



## Parent's Ear Infection Cookbook: Medical Recipes for Avoiding Surgery (Paperback)

By Howard G Smith M D

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This how-to book teaches parents that there are healthier, more effective ways to solve their children's ear infection problems than surgery or repeated courses of ever stronger antibiotics. Today's standard therapy is not preventive but reactive. Kids typically have each ear infection treated with an antibiotic by their pediatricians. Then, as the numbers of infections rise, children are referred to a specialist for surgery. There is nothing in between. Over the past 35 years, the author has developed preventive medical strategies to fill that therapeutic gap. His cookbook is a commonsense compendium of readily implemented step-by-step recipes to prevent and control children's ear infections with logical and strategic medical therapy and without the need for surgery. The book details medical recipes that first clean up the ears and nose and then prevent subsequent ear infections. This maximal medical management regimen is called Dr. Smith's VIP Program. V stands for ventilation and IP stands for infection prevention. The ventilation cleanup process eliminates old debris and swollen linings using washing, decongestion, humidification, and healthy feeding strategies. The infection prevention process aggressively...



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