



Protein Pancake Recipes: 15 Delicious, Natural, and Organic Protein Cake Recipes (Paperback)

By Anil Jaya

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Discover 15 Delicious, Natural, And Organic Protein Cake Recipes That You Can Make Easily BONUS - Get Your Free 10,000 Word Report on the Top 12 Superfoods Figure Out How To Make A Perfect Hotcake, Making It Perfect For Beginners Protein pancakes a great way to get the protein you need effectively and quickly, and there are various reasons that you may need a little more protein. If you plan to work out, need an extra boost, or just feel like your diet isn't giving you enough, then you'll want to check out the wonderful recipes found in this book. In this book you'll even find two wonderful recipes for making your own syrup to top it off as well as a guide to what substitutions you can make. These substitutions will help guide you in tweaking the recipes to fit your individual tastes and desires. From pumpkin protein pancakes to cinnamon syrup, this book will walk you through various recipes. 7 Reasons Why to Buy This Book: 1. In this book you'll learn a few reasons...



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