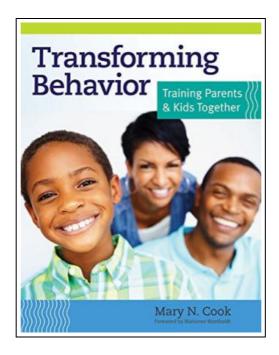
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Reviews

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TRANSFORMING BEHAVIOR: TRAINING PARENTS AND KIDS TOGETHER



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Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Transforming Behavior: Training Parents and Kids Together, Mary N. Cook, Looking for a proven, flexible, and cost-effective way to address challenging behavior, social skills development, and family conflict? Look no further than this ready-to-use group therapy program, ideal for clinicians working in a range of settings with children 8-12 and their parents. With 22 adaptable modules (11 for children, 11 for parents), this field-tested program gives professionals everything they need to lead group therapy sessions that improve the lives of whole families. Children will learn positive social skills and emotional regulation, and parents will learn successful techniques for responding constructively and consistently to difficult behaviors. This empowering program is the perfect way to resolve a broad range of behavior challenges in children with various underlying diagnoses, including behavior, mood, and anxiety disorderstarget the social skills children need to succeed, including empathy, conflict resolution, and conversation skillswork with children and parents concurrently--the most effective and powerful way to bring about lasting change in a childimprove access to critical services for a whole group of children and families at a low costmeet the specific needs of individual families, with flexible, adaptable moduleshelp families anytime--all the modules are stand-alone, and the program allows for rolling admissionsleverage the highly effective principles of parent management training, cognitive behavior therapy, and creative art therapyimplement a highly structured and explicit program that ensures consistency across time and across facilitators"The Transforming Behavior" program is easy to implement, with a comprehensive manual and a CD-ROM with dozens of printable worksheets, quizzes, sample scenarios, and other practical handouts for parents and children. And with the clear and explicit scripts and prompts for every session, mental health providers with various levels of education and experience can use the program effectively. A group therapy...

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