



Paleo Holiday Treats: 25 Days of Guilt-Free, Decadent Paleo Dessert Recipes (Paperback)

By Dana Summers

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Enjoy All Natural, Dairy Free, Gluten Free Delicious Paleo Holiday Treats Starting Today! Each year it seems more and more people are diagnosed with food sensitivities or choose to live a more primitive lifestyle. A primitive lifestyle is a beautiful thing, and should not be causing the trepidation that you are feeling right now as you are wondering what you are going to do for dessert for the big family meal, or what will you make for the holiday bake sale. This book will help to make those choices easier. Each recipe has been crafted to be Paleo, gluten free and dairy free. Each recipe offers decadent sweetness, filled with holiday flavor. Make a traditional, but Paleo, Yule Log or indulge your favorite people with a box of homemade Paleo truffles. Within these few pages, your options seem almost endless. Relax, and settle in with a nice warm Paleo brownie fresh from the oven, you have earned it. Enjoy all your favorite treats such as cookies, cakes, pies, and other desserts without the guilt knowing that you are staying true to...



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