



42 All Natural Meal Recipes for Ovarian Cancer: Give Your Body the Tools It Needs To Protect and Heal Itself against Cancer

By Joe Correa Csn

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 96 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. 42 All Natural Meal Recipes for Ovarian Cancer: Give Your Body the Tools It Needs To Protect and Heal Itself against Cancer By Joe Correa CSN Ovarian cancer is a serious and malignant disease that mostly affects women. Its the second most frequently diagnosed and most lethal gynecological disease. Its caused by an uncontrolled growth of cancerous or malignant cells in the ovaries. The actual cause of this growth is still unknown but it is usually related to age, fertility, late birth, delayed menopause, family history of ovarian cancer, hormone treatments, infertility and obesity. However, some studies have shown that the use of contraceptives greatly reduces the risk of ovarian cancer. Regular gynecological examines and early discovery make this serious disease curable in 90 of cases with many different treatments available. Another important thing you can do for yourself is boost your immune system which will help you stay healthy and resistant to cancer cells. The best way to do that is through food. Healthy foods like fruits, vegetables, nuts, seeds, legumes, and healthy oils will give your organism the...

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