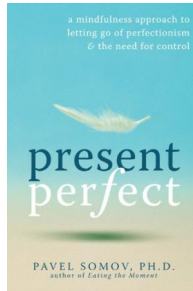


Present Perfect: A Mindfulness Approach to Letting Go of Perfectionism the Need for Control



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Book Review

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