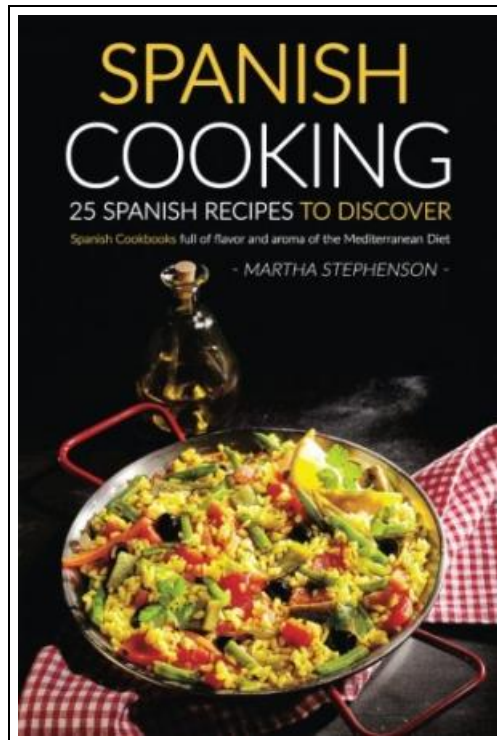


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Reviews

A very amazing publication with perfect and lucid information. We have read through and that i am certain that i will planning to study once more yet again in the future. You will not really feel monotony at anytime of the time (that's what catalogues are for about should you question me).

(Matilda Hoeger V)

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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.For a long time the paella alone represented the Spanish gastronomy. Not without a reason, it was the favorite dish of Franco, and all the restaurants in Madrid used to prepare it on Thursday, which was the day for the dictator to come and meet his people and have lunch in one of the many restaurants of the city. It was only in the late 70s, with the development of the tourism in the Costa del Sol and other parts of Spain, that the world discovered a wide and diverse Spanish gastronomy. The Spanish cooking proceeds essentially from the Mediterranean diet and the diversity of regions make it today a varied and renowned cuisine. But the Spanish cuisine has been influenced by its numerous discoveries during the various conquests in Latin America, Asia, and Africa. As a result various spices and new foods like tomatoes, potatoes, and vanilla were imported to the country. But also because of its trouble past of long occupations of the country by Phoenicians, Greeks, Romans and especially the Moor Spain adopted elements of different cuisine. Each time each of these civilizations left their marks on Spanish gastronomy. So, get this Spanish cookbook to your kitchen and make some fantastic and traditional Spanish recipes, which will delight everyone. It will help you discover another side of Spain with its healthy and Mediterranean diet by creating some Tapas -typical Spanish dishes that are presented in small quantities and great for family gatherings and parties. You may choose to make the world famous Paella with all the flavor and aroma of Spain in your kitchen.



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