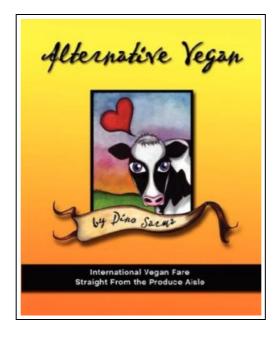
Alternative Vegan: International Vegan Fare Straight from the Produce Aisle



Filesize: 8.55 MB

Reviews

The publication is simple in go through preferable to fully grasp. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Mrs. Josiane Collins)

ALTERNATIVE VEGAN: INTERNATIONAL VEGAN FARE STRAIGHT FROM THE PRODUCE AISLE



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Tofu Hound Press. Paperback. Condition: New. 164 pages. Dimensions: 9.2in. x 7.5in. x 0.6in.Tofu, setian, tempeh, tofu, seitan, tempeh. . . . it seems like so many vegans rely on these products as meat substitutes. Isnt it time to break out of the mold Taking a fresh, bold, and alternative approach to vegan cooking without the substitutes, Dino Sarma brings you over 100 fully vegan recipes, many of which draw from his South Asian roots. Sharing his jazz-style approach to cooking, Dino also discusses how you can improvise in your own cooking with simple ingredients and how you can stock your kitchen to prepare simple and delicious vegan meals quickly. Whether you love tofu, seitan, and tempeh or hate it, Alternative Vegan shows you how to let the favor shine through by cooking simply with fresh ingredients. One pot meals, and big salads; basic broccolo, demonic mushrooms and Asian roasted potatoes; international dishes such as Pakoras, Flautas, Bajji, and Kashmiri Biriyani; simple snacks and appetizers like hummus canapes and no-cheese pizzas; drinks and desserts using fresh fruits: pomegranate and wine slushy, poached pears in mulled wine, jackfruit granite. . . . and a whole lot more! This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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