



## Treating Arthritis: More Ways to a Drug-free Life

## By Margaret Hills

SPCK Publishing. Paperback. Book Condition: new. BRAND NEW, Treating Arthritis: More Ways to a Drug-free Life, Margaret Hills, Doctors and consultants may be very surprised when they see patients suffering intractable arthritis suddenly beginning to get better. The medical profession knows all too well that anti-arthritic medication does not have this effect. As the days go by, the improvement often continues so that drugs can be dispensed with, and people lead a normal life. Best-selling author of several books about arthritis, Margaret Hills here tells the amazing stories of people who have benefited from her honey and cider vinegar cure. Advice about diet and stress is also included, so that readers have very real and practical tools to help them treat their arthritis.Crippled herself with arthritis, Margaret Hills used her nurse's training and determination to win back her health. Since then her 'acid-free' approach has brought relief to thousands. Her daughter, Christine Horner, who now runs the Margaret Hills Clinic, continues her work. Topics include: arthritis in children; arthritis in adults; a selection of case histories; and, the stress factor - how it affects the body and contributes to arthritis, and how it can be alleviated.



## Reviews

Undoubtedly, this is actually the greatest job by any author. This can be for those who statte there was not a worthy of studying. I am delighted to inform you that this is actually the greatest publication i actually have read within my very own daily life and could be he greatest book for ever. -- Perry Reinger

Extremely helpful to any or all category of men and women. It really is rally exciting throgh reading time. I am just happy to let you know that this is basically the greatest pdf i have got go through in my personal existence and may be he finest book for at any time. -- Carroll Greenfelder IV