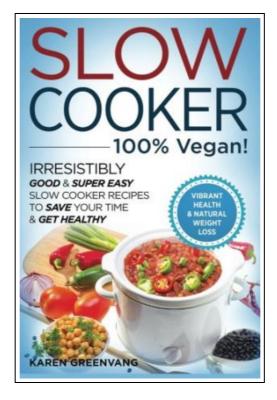
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(Samanta Klein)

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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Irresistibly Good Super Easy 100 VEGAN Slow Cooker Recipes to Save Your Time Get Healthy! I know how difficult it is to stick to a healthy lifestyle, especially when you want to keep it vegan and are new to it.Not to mention that you simply dont have enough time to slave away in the kitchen. But dont worry because with this vegan slow cooker cookbook we got you fully covered! The safety and low energy consumption of a slow cooker means that you can prepare the ingredients of a dish the night before and place everything in your slow cooker first thing in the morning before leaving for work and your meal will be ready when you walk in the door at the end of the day. Of course, the slow cooker can also be left to create culinary magic overnight, allowing you to wake up in the morning to a delicious hearty breakfast or even a take-away lunch. Yummy! Here s What You Are Just About to Discover: -healthy nutritious breakfasts that will kick start your day and save you time out of your morning rush -tasty lunches that will pick you up in the middle of the day -wholesome comforting soups will get you through the late afternoon and keep you going on until dinner where we will have some hearty, options to satisfy any type of hunger all night! All these recipes are one hundred percent vegan and focus on using ingredients that are of the highest nutritional value. They are also easy to prepare, giving you all the inspiration you need to consistently make healthier meal choices with little effort while staying true...

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