



Therapeutic Kinesiology: Musculoskeletal Systems, Palpation, and Body Mechanics

By Mary Ann Foster

Pearson Education (US), United States, 2012. Paperback. Book Condition: New. New.. 274 x 211 mm. Language: English . Brand New Book. Therapeutic Kinesiology has been awarded the prestigious 2013 American Medical Illustrators Award to Excellence! Therapeutic Kinesiology provides practical and relevant applications of the study of human movement to the practice of massage and bodywork. One of the first kinesiology texts specifically geared to massage therapists, it s actually three books in one: a kinesiology text, a palpation text, and a body mechanics text. Focused on experiential learning, it is replete with self-study exercises - including many specifically designed to help practitioners avoid work-related injuries. It offers clear, friendly, and easy-to-read coverage of the skeletal, muscular, and neuromuscular systems; joint motion; biomechanics; posture and gait; basic palpation skills, the thorax and respiration; the ankle, foot, knee, hip, pelvis, spine, head, neck, shoulder girdle, arm, hand, and more. Hundreds of color photos and anatomical images appear throughout, along with many practical tips - including expert guidance on client education.



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Reviews

This book will never be easy to start on reading but quite exciting to see. It is actually rally intriguing throgh looking at period of time. Your daily life span will be convert once you total looking over this book.

-- **Torrance Vandervort**

Comprehensive guide for publication lovers. it absolutely was writtern really flawlessly and valuable. You wont really feel monotony at whenever you want of your own time (that's what catalogs are for concerning if you ask me).

-- **Rowan Gerlach II**