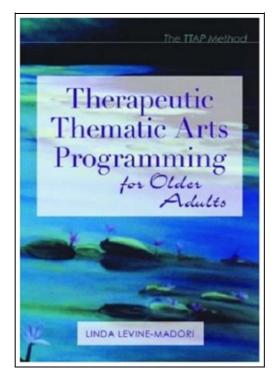
# Therapeutic Thematic Arts Programming for Older Adults (Paperback)



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# Reviews

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(Dr. Kayley Kovacek PhD)

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Health Professions Press, U.S., United States, 2007. Paperback. Condition: New. New edition. Language: English. Brand New Book. Using a thematic approach to activity programming, this illuminating book teaches activity staff and recreation therapy students how to maximize cognition and brain functioning to improve the day-to-day performance of both well elders and those facing illness or disability. The author's Therapeutic Thematic Arts Programming method transforms activity planning from an episodic approach (isolated activities) to a continuum of related events using varying expressive forms: the visual arts, language, music and drama. Readers learn how to use these expressive arts in a dynamic, integrated way that will renew the hearts, minds and spirits of older people whose declining physical or mental health increasingly limits their experiences and interactions. Emphasis is placed on programming that is inexpensive and easily adapted for people at various levels of functioning.



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