



Chasing Life New Discoveries in the Search for Immortality to Help You Age Less Today

By Sanjay Gupta

Wellness Central. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.0in. x 5.6in. x 0.9in. For centuries, adventurers and scientists have pursued the dream of immortality. Today it appears it might actually be a reality. This is not an anti-aging book. It's a groundbreaking guide to functional aging--living longer than we may have ever thought possible. Practical immortality may now be within our grasp thanks to cutting-edge scientific research and amazing medical breakthroughs that are coming at such astonishing speed we can hardly keep up. In CHASING LIFE, Dr. Gupta blends dramatic accounts of amazing discoveries from around the world with essential advice on how you can apply them for optimal health and longevity. What Dr. Gupta has found is provocative and often counterintuitive. This life-changing book revolutionizes the way you think about aging--and reveals the secrets to helping you live a longer, healthier life for many years to come. Sanjay Gupta is at his best in CHASING LIFE, covering everything from illegal stem cells to the scientific edges of memory. To achieve your own version of immortality, you can simply page Dr. Gupta by turning the first page of this groundbreaking new book. --Mehmet C. Oz, MD, coauthor of...



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