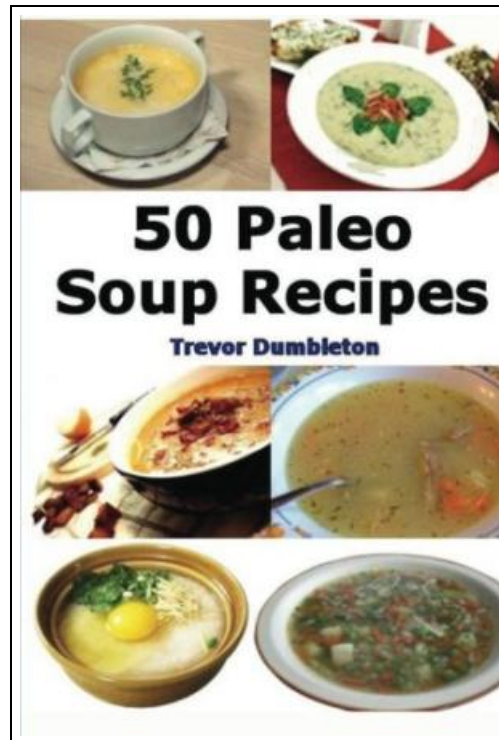


Paleo Soup Recipes 50 Delicious Caveman Diet Friendly Soups Paleo Recipes



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Reviews

This publication is really gripping and exciting. It really is basic but unexpected situations in the 50 % in the book. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Prof. Salvador Lynch)

PALEO SOUP RECIPES 50 DELICIOUS CAVEMAN DIET FRIENDLY SOUPS PALEO RECIPES



CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 68 pages. Dimensions: 8.5in. x 6.0in. x 0.3in. Soup recipes are a great way to start a meal. Depending on the season, you could have a hot or a cold soup. This is a collection of 50 delicious Paleo diet soup recipes that have all the taste and comfort of regular soup but comply with the Paleo (caveman) diet that we evolved to eat over the years. That means these recipes for soups don't have wheat or dairy in the ingredients. If they have any added salt, that's optional according to how strictly you are following the Paleo diet recommendations. The soup recipe names are: Artichoke Soup Asparagus Soup Beef and Mushroom Soup Borscht Broccoli and Pine-Nut Soup Broccoli Soup Butternut Squash Soup Cabbage Soup Carrot and Leek Soup Cauliflower Soup Celery Soup Chicken Soup Chicken Vegetable Soup Chilled Avocado Soup Chilled Creamy Red Pepper Soup Chilled Cucumber Soup Chilled Mango Soup Cock-a-Leekie Soup Cream of Cauliflower Soup Cream of Mushroom Soup Cream of Parsnip Soup Curried Carrot Soup Curried Cauliflower Soup Egg Drop Soup French Onion Soup Gazpacho Hazelnut Soup Hot and Sour Soup Kale Soup Kjotsupa (Icelandic Lamb Soup) Leek and Asparagus Soup Leek and Butternut Squash Soup Leek, Fennel, and Broccoli Soup Minestrone Mulligatawny Soup Pumpkin and Carrot Soup Seafood Soup Slow Roasted Tomato and Fennel Soup Spicy Tomato Soup Spinach and Asparagus Soup Sweet Potato Lime Soup Tomato and Roasted Red Pepper Soup Tomato and Garlic Soup Turkey Soup Turkey Taco Soup Vegetable Soup Vegetable Soup with Celeriac Watercress Soup Zucchini Summer Soup Zucchini, Scallion and Chive Soup All Paleo soup recipes come with full instructions, ingredients list and cooking times. They're generally easy to prepare and will provide a fantastic starter...



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