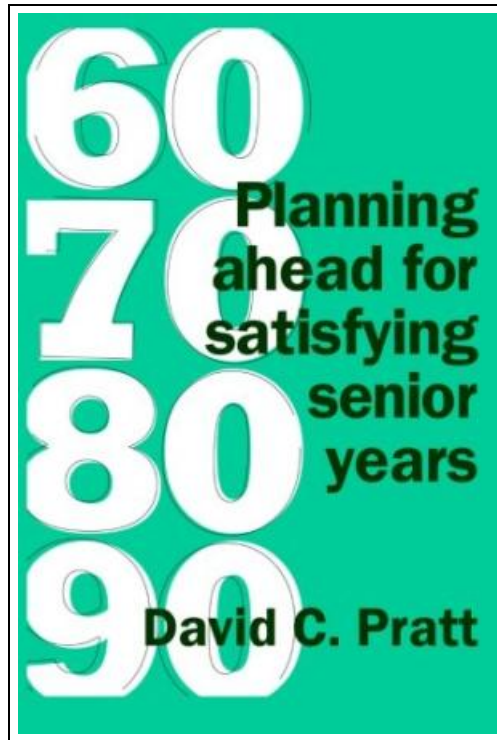


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Philip Garside Publishing Ltd, New Zealand, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Retired Methodist minister and hospital chaplain, David Pratt s many years of working with older people, their carers and families, convinced him that too few people think ahead and prepare well for their retirement and aging. His own experience of reaching the age of 70, having suffered a serious and unexpected illness at age 65, sharpened his awareness of the issues. This lively book, based on personal experience, is full of practical suggestions for people preparing to retire. While based on the New Zealand scene, readers in other countries will also find the material thought-provoking and encouraging. Topics covered include: - Getting started - Where will we live - Home - the house we live in - Interests and hobbies - The joy of being a grandparent - Finance and money matters - Being single in a partners world - Health and medical matters - Security and safety - Everyone is going to die - Attitude - Love and sexuality - Dreaming sensibly - Ageism and discrimination - Old, old age. Website and other contact details for New Zealand organisations and government departments who work with older people are listed in an extensive appendix. The book is fully indexed.



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