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## Fish and Shellfish: The Indispensable Cook s Companion (Hardback)

By James K. Peterson

HarperCollins Publishers Inc, United States, 1996. Hardback. Condition: New. Language: English . Brand New Book. Every few decades a chef or a teacher writes a cookbook that is so comprehensive and offers such depth of subject matter and cooking inspiration that it becomes a virtual bible for amateur and professional alike. Author James Peterson, who wrote the book Sauces, a James Beard Cookbook of the Year winner, and the incomparable Splendid Soups, once again demonstrates his connoisseurship with Fish Shellfish, a monumental cookbook that will take its rightful place as the first and last word on seafood preparation and cooking. Fish Shellfish demonstrates every conceivable method for preparing sumptuous meals of fish and shellfish, from baking, braising, deep-frying, grilling and broiling to poaching, panfrying, marinating, curing and smoking, steaming, and microwaving. Whether your taste runs strictly to shellfish or to everything seafood, Fish Shellfish offers the equivalent of a complete cookbook on each subject. Within the chapters on finfish you ll learn how to prepare enticing recipes remarkable for their ease of preparation, their versatility, and their originality Here Peterson offers such splendid flavors and textures as succulent Stuffed Striped Bass with Spinach, Shrimp, and Mushrooms; crunchy Halibut Fillets with...



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