

DOWNLOAD 🕹

Total Fitness Wellness, the Masteringhealth Edition, Books a la Carte Edition

By Scott K Powers

Pearson, 2016. Loose-leaf. Condition: New. 7th ed.. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. NOTE: This edition features the same content as the traditional text in a convenient, three-hole-punched, loose-leaf version. Books a la Carte also offer a great value--this format costs significantly less than a new textbook. Before purchasing, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson s MyLab Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a Course ID, provided by your instructor, to register for and use Pearson s MyLab Mastering products. For Health and Fitness courses. Provide your students with interactive tools to succeed in fitness and wellness Total Fitness and Wellness gives students a solid foundation in fitness and wellness, while providing them with the tools they need to make healthy behavioral changes and lifestyle choices. The vibrant design makes the book more approachable through modern chapter-opening photos, graphs, and detailed exercise photos. The Seventh Edition provides a clear...



Reviews

Comprehensive information for publication enthusiasts. It is rally exciting throgh reading through time. I am happy to tell you that here is the greatest book i have got read through in my personal existence and can be he best ebook for possibly.
-- Reese Morissette

Good electronic book and valuable one. Of course, it is actually perform, still an interesting and amazing literature. You may like how the author publish this pdf.

-- Lisette Schimmel

DMCA Notice | Terms