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The Discus Thrower His Dream Factory

By Gideon Ariel

BookBaby. Paperback. Condition: New. 654 pages. As a child in Israel, Dr. Gideon Ariel had five goalsbreaking the Israeli records in the shot put and discus, representing Israel in the Olympic Games, studying at a university in America, becoming a multimillionaire and owning a Cadillac. These goals might have seemed unobtainable to a young man on his way to juvenile delinquency, but picking up the discus changed all that. And one sailing, floating throw in a single competitive event set him on a path to becoming a world-renowned biomechanist and operating his own dream factory. Following Ariel from his birth in Tel Aviv in 1939 to a kibbutz where he met the people that would change his life, *The Discus Thrower and His Dream Factory* describes the journey in great detail. Once a troubled youth, his love of shot put and discus improved not only his physical performance but his emotional performance as well. He gained confidence and dared to dream. And when the Olympics came calling, Ariel was ready to answer. Not only a fascinating life story, *The Discus Thrower and His Dream Factory* teaches an important lesson to our children. Dreams have no boundaries if you follow them....



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