



## The Perfect Picnic

By Hilda Level

Vintage Publishing. Hardback. Book Condition: new. BRAND NEW, The Perfect Picnic, Hilda Level, Take a warm summer's day, a secluded spot in the dappled shade, a blanket and a bottle of wine, friends and family, and a spread of delicious homemade food, and you have that timeless rustic idyll - the Great British picnic. Perfect picnic food is simple, elegant and delicious, based around much-loved classics. Hilda Level, who wrote this book in 1936, was extraordinarily before her time. She influenced generations of foodies with her wonderfully inventive recipes, where retro meets modern, such as: Egg mayonnaise on crusty bread; Watercress, beetroot and nasturtium salad; Chicken and leek pie; and, Spiced plum cake and salted almonds. She championed local, seasonal ingredients like watercress and asparagus; she promoted traditional recipes from raised pies to strawberries and cream; and, she set a benchmark of refinement with crab souffle and spaghetti and truffles.

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