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Senior Fitness Test Manual

SENIOR FITNESS TEST SOFTWARE 2.0 AND MANUAL PACKAGE SUBSCRIPTION

Human Kinetics Publishers, United States, 2012. Book Book Condition New. 279 x 218 mm Language: English. Brand New Book. The Senior Fitness Test Software 2.0 and Manual Package Subscription offers a comprehensive method of assessing the physical attributes that older adults need in order to perform daily activities. Consisting of the Senior Fitness Test Manual, Second Edition (with bound-in DVD), and a one-year subscription to the Senior Fitness Test Software 2.0 (accessible from internet-enabled devices, including smart phones and tablets),...

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- Authored by Dr Roberta Rikli, C Jessie Jones
- Released at 2012



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Reviews

A very wonderful book with lucid and perfect answers. It is probably the most incredible book i have study. Its been designed in an exceptionally simple way and is particularly just after i finished reading through this publication by which in fact transformed me, after the way in my opinion.

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