



## Your Forces, and How, to Use Them, Vol. 2 (Classic Reprint)

By Prentice Mulford

Forgotten Books. Paperback. Condition: New. 192 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Your thoughts shape your face, and give it its peculiar expression. Your thoughts determine the attitude, carriage, and shape of your whole body. The law for beauty and the law for perfect health is the same. Both depend entirely on the state of your mind; or, in other words, on the kind of thoughts you most put out and receive. Ugliness of expression comes of unconscious transgressions of a law, be the ugliness in the young or the old. A ny form of decay in a human body, any form of weakness, any thing in the personal appearance of a man or woman which makes them repulsive to you, is because their prevailing mood of mind has made them so. Nature plants in us what some call instinct, what we call the higher reason, because it comes of the exercise of a finer set of senses than our outer or physical senses, to dislike every thing that is repulsive or deformed, or that shows signs of decay. That is the inborn tendency in human nature to shun the imperfect, and seek and like the relatively perfect. Thoughts areT(Typographical...



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