



Front Row Seats to Crazy (Paperback)

By Helena L Rouhe

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. When mental health therapist Helena L. Rouhe loses both of her parents within the span of eighteen days, she comes face-to-face with an experience that will change her forever. There s no instruction manual on how to grieve the death of a loved one-it s a process filled with peaks and valleys, and while Rouhe has counseled hundreds of people navigating the waters of sorrow, she soon realizes she has to put her teacher s hat aside and learn her way through this heartbreaking situation. While managing her parents estate and sifting through their stuff, Rouhe begins to examine and catalogue her own stuff -both physical and emotional. This soul-searching period helps her identify the enormous influence her parents have had on the choices she s made and who she s become. Front Row Seats to Crazy is the story of Rouhe s loss, how she survives her grief, and the indelible impact her parents had on her- and on all those with whom they shared their lives.



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Reviews

This pdf may be really worth a read, and superior to other. It generally does not price too much. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dylan Schaden**

It is an amazing publication which i actually have at any time go through. It really is written in easy words and phrases rather than hard to understand. Its been developed in an extremely easy way which is merely following i finished reading through this pdf in which actually changed me, affect the way i think.

-- **Garry Lind**