



## 40 Days of Art and Literature: A Prayer Journal (Paperback)

By Rebecca Gilbert, Stephanie Dimaria

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.40 Days of Art Literature: A Prayer Journal by Rebecca Gilbert Stephanie DiMaria This devotional is a guided journal full of exercises to encourage creative prayer. Quotes from literature give new ideas to dwell on, poetry provides imagery to ponder and imitate, prayer drawing exercises inspire prayer even when you re out of words, and scripture passages find new life through the meditative process of Lectio Divina. These four different kinds of prayer exercises are meant to help you speak to, and hear from God. There are 40 days of prayer exercises in the book, so it nicely fits into Lent, or you can use the journal anytime at a more leisurely pace. What is each type of exercise like? Lectio Divina is a prayer practice with a long history of use within the church. It is a technique of praying through a scripture passage and meditating on words or phrases within it. For the Literature exercises, the passage of literature quoted is meant to focus your mind and, consequentially, your prayers, on a topic. In the Poetry exercises you ll find that...

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