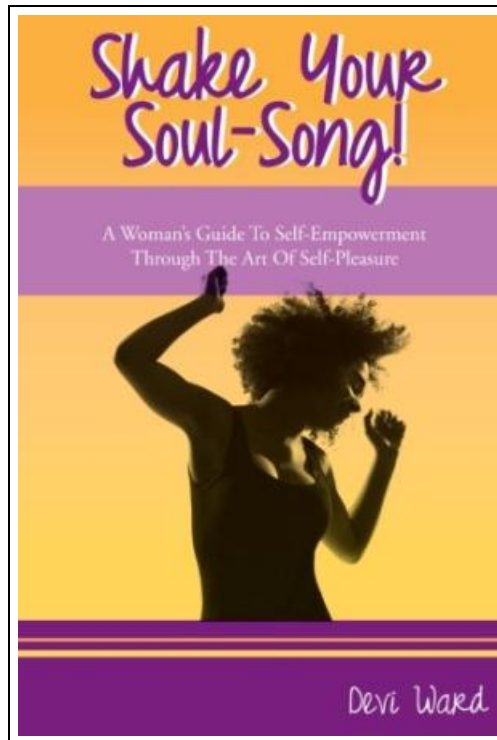


## Shake Your Soul-Song!: A Woman s Guide to Self-Empowerment Through the Art of Self-Pleasure (Paperback)



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(Garett Stanton)*

## SHAKE YOUR SOUL-SONG!: A WOMAN'S GUIDE TO SELF-EMPOWERMENT THROUGH THE ART OF SELF-PLEASURE (PAPERBACK)



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Dakinidancerpress, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.We live in a culture that teaches us to both fear and ignore our sexuality, and repress our sensuality. Women are largely uneducated about their full pleasure-potential, and are discouraged from exploring their own unique style of healthy sensual expression. Shake Your Soul-Song presents the idea of using pleasure as a path to self-empowerment and soul connection. By using the methodology of The 4 Principles of Self-Pleasure, each woman will more deeply understand her relationship to The 4 Forms of Pleasure, and how to use them for accessing more of her personal spiritual potential. Each of The 4 Principles of Self-Pleasure uses practical and fun tools designed to effectively connect, heal, awaken, transform every woman's heart, body, mind soul. Shake Your Soul-Song includes authentic and soulful insight into: \* Creating a New Pleasure Paradigm with The 4 Principles of Self-Pleasure \* The 4 Forms of Pleasure and how to use them for accessing more of your personal potential \* The difference between sensuality sexuality \* Gratification vs. Pleasure \* How cultivating conscious sense-uality can help you experience more presence, passion connection in all areas of your life \* How the Walt Disney Syndrome keeps us disempowered as women contributes to relational dysfunction between partners \* Ancient, powerful tools for transforming your life-experience on a cellular level \* The Secret to Sensual Sovereignty \* The 11 different orgasms for women, what they are and how to activate them for more passion, pleasure, and soul expression. Includes an effective and enjoyable Pleasure Program for cultivating the ultimate pleasure potential in your everyday life. Also includes a special bonus exercise for cultivating sensual intimacy with your partner Find out more at.

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