



A Field Guide to Grief: If You ve Lost Your Partner to Suicide (Paperback)

By Kate Johnson

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Losing a partner or spouse to suicide is shattering. This small book speaks directly to the survivor, starting from the beginning of the grief journey. Offering compassion and acknowledgment, survival tools and suggestions, these are kind and wise words from someone who s been there. if you have lost a partner to suicide, you will find a new friend named kate in these pages. out of the hard-won wisdom of her own loss, she offers you this field guide. a field guide, truly, as the pages feel like a field. breathable, open, + paradoxically peaceful. the rhythm of it all works beautifully between the ebb of uncluttered white space + flow of helpful words. a needed + good book for anyone walking through this heart-rending loss. -rachel awes, psychologist, author, + art playgroundist . .a lovely resource for folks who are fresh into big pain. I ll be happy to recommend this [book] to my clients. -Dr. Martha Jo Atkins honors the deeply spiritual experience of death by providing compassionate witness to the dying, and support for healing transformation to the bereaved.



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