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Taylor Francis Ltd, United Kingdom, 2015. Paperback Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Liberation psychology is an approach that aims to understand wellbeing within the context of relationships of power and oppression, and the sociopolitical structure in which these relationships exist. Liberation Practices: Towards Emotional Wellbeing Through Dialogue explores how wellbeing can be enhanced through dialogue which challenges oppressive social, relational and cultural conditions and which can lead to individual and collective liberation...

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- Authored by -
- Released at 2015



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#### Reviews

This book may be worth purchasing. It typically fails to expense excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Ken Watsica

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