



I Cant Stop Shaking

By Sandy Kamen Wisniewski

Dog Ear Publishing. Paperback. Book Condition: New. Paperback. 120 pages. Dimensions: 7.7in. x 5.0in. x 0.5in. I Cant Stop Shaking, Over 10 Million People are Affected By Essential Tremor, provides important medical information, tips on living with Essential Tremor, as well as personal accounts of people living with Essential Tremor. In the medical section Dr. Peter A LeWitt, a neurologist who specializes in movement disorders, answers questions about Essential Tremor. Dr. LeWitt has been practicing neurology and been involved with Essential Tremor since 1980. Dr. LeWitt explains in simple terms what Essential Tremor is, how it affects people, and medical treatments for Essential Tremor. In the personal stories section people who have Essential Tremor speak candidly and openly about what life is like living with Essential Tremor. Each person has their own way of dealing with it, some with great optimism, others with equally great frustration. Readers who have Essential Tremor will no doubt see bits and pieces of themselves within these stories. There are also dozens of tips on better ways of living with Essential Tremor that will help the sufferer to better cope with their handicap. Some of the tips inside the book are: . Use an electric toothbrush....



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Reviews

The book is not difficult in read through better to recognize. It really is writer in straightforward terms instead of confusing. I am happy to inform you that this is actually the finest publication i actually have read in my individual daily life and may be he best book for possibly.

-- **Valerie Heaney**

This is actually the very best publication i have read through till now. It is definitely simplistic but unexpected situations in the 50 % in the pdf. You can expect to like just how the article writer compose this pdf.

-- **Ms. Elinore Wintheiser**