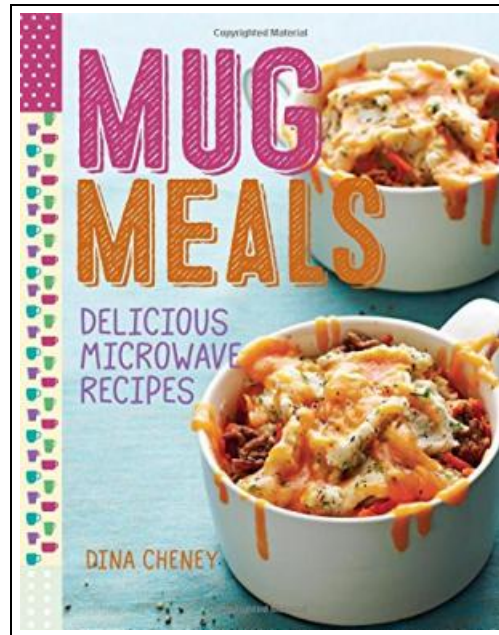


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MUG MEALS: SIMPLE AND DELICIOUS MEALS FROM THE MICROWAVE (PAPERBACK)



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Taunton Press Inc, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. This title features 125 delicious, satisfying, single-serving recipes in minutes. It goes beyond the cake-in-a-mug trend to also include breakfast, lunch and dinner. The secret to fast and easy meals cooked from scratch is hiding in plain sight in your kitchen - all it takes is a mug, a microwave and a few ingredients. Perfect for busy families, singles, college students, teens and seniors, the microwave oven is no longer just for reheating leftovers and making popcorn. You can create a meal in minutes that rivals those cooked in the oven or on the hob. Choose from breakfasts, lunches, dinners and desserts!.



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