



## Waiting: A Nonbelievers Higher Power

By Marya Hornbacher

Hazelden Publishing & Educational Services. Paperback. Condition: New. 168 pages. Dimensions: 8.2in. x 5.4in. x 0.6in. For those who don't believe in God, feel disconnected from the concepts of God presented in organized religion, or are simply struggling to determine their own spiritual path, Marya Hornbacher, author of the New York Times best sellers *Madness and Wasted*, offers a down-to-earth exploration of the concept of faith. When Hornbacher, a recovering alcoholic with bipolar disorder, began her journey through sobriety she, like many addicts who go through a Twelve Step program, was faced with the difficult task of finding her Higher Power. In *Waiting*, Hornbacher uses the story of her personal exploration to offer a fresh concept of faith for atheists, agnostics, and skeptics like her. She contends that, if you agree that you're not the biggest thing in the universe and that the universe does not, in fact, begin or end with you, this may be as far as you need to go for a spiritual experience. Simply knowing that you aren't God can teach you how to wait. In this beautifully written book, Hornbacher shows us that waiting is an art, requiring skills like patience, acceptance, and stillness. The trick...



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