



The Science of Interpersonal Relations: A Practical Guide to Building Healthy Relationships, Improving Your Soft Skills and Learning Effective Communication (Paperback)

By Ian Tuhovsky

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. From first dates and successful relationships to friends, colleagues, and new acquaintances, unlock the hidden secrets to successful communication with anyone and learn to flourish in any environment. ****MY GIFT TO YOU INSIDE: Link to download my 120-page e-book Mindfulness Based Stress and Anxiety Management Tools for free!**** Guaranteed to change the way you think about relationships forever, The Science of Interpersonal Relations empowers you to identify those communication skills you need to work on and develop powerful techniques that will ensure your interpersonal relations thrive. Your Complete Guide to Transforming Your Relationships The Science of Interpersonal Relations is a book unlike any you ve read before, not only in its approach to improving romantic relationships, but also on how to strengthen bonds and communicate better friends, family members, and even colleagues. To really help you change your entire approach to communication, the book is split into two easy-to-read parts. In part one, you ll change the way you think about the different relationships in your life and develop a whole new mindset that will lead you to healthy, positive, long-lasting...

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