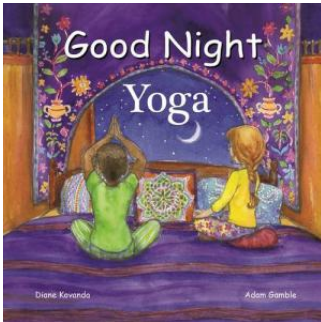


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## GOOD NIGHT YOGA



Our World of Books, United States, 2016. Board book. Condition: New. Katherine Blackmore (illustrator). Language: English . Brand New Book. Good Night Yoga features deep-breathing exercises, yoga on the beach, yoga instructors, and various yoga poses including tree, triangle, cow, bridge, starfish, butterfly, balancing warrior, camel, fish, and more. Yoga isn t just for grownups anymore. This charming board book presents yoga in a fun and kid-friendly way while exploring how to strengthen muscles and calm young souls. This book..

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- Authored by Diane Kovanda, Adam Gamble
- Released at 2016



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