



Riders on the Road: How to Laugh More and Rage Less with the Rider Method

By Patricia Rider Bermon

Outskirts Press, United States, 2009. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you driving more (or less) and enjoying it less? Many of us are, and we've had just about enough of it! Is the stress and strain of dealing with traffic getting on your nerves? Do you suffer from aggressive driving in yourself or others? Or worry about galloping road rage and those awful drivers? Would you like to be happier out there on the road? Or at least a little less miserable? Well, yes you can become a happier, healthier, safer driver with The Rider Method and its companion 8 step program. Riders on the Road (How to Laugh More and Rage Less with The Rider Method) combines a humorous look at the world we drive in with a bundle of sensible advice, and oh by the way, shows you how to laugh your driving cares away. The second edition is filled with more entertaining stories, provocative questions and smart driving pointers for regular drivers like you and me. Whether you're a wolf or a lamb on the road, this book's for you....

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