



The Five Minute Positive Focus Daily Journal: What You Think About.You Bring about (Paperback)

By Sandra Selby

Balboa Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What is it that you want? More financial serenity, healthy relationships, excitement, travel? What you think about is what you get more of. Wouldn't you like it to be more of what you want? With just five minutes a day, you will learn to focus consistently on your heart's desires. Then, sit back and watch as your desires and dreams turn into possibilities and realities with the Positive Focus Journal! After just one month of journaling, doors began to open in ways I previously couldn't imagine. Energy moved through home renovation projects that had been stuck in the mud for a year. I found the right and perfect people to guide me through painting and home repairs at a reasonable price. So many things got checked off my to-do list that I manifested a trip to Sedona! I'd recommend this system to anyone who's ready to engage in a powerful manifestation process the Positive Focus way. - C. Nyhoff, MA Berkeley, California.

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