



Jump Up: Seasonal Celebrations from the World s Deep Traditions (Hardback)

By Luisah Teish

Conari Press,U.S., United States, 2002. Hardback. Condition: New. Language: English . Brand New Book. Virtually all peoples of the world celebrate the passage of seasons. The continual movement of time through winter, spring, summer, and autumn has framed human experience and profoundly affected the lives of individuals and communities for many thousands of years.Celebrations that mark the seasons are rich with food, music, dance, offerings, and the reenactment of myth. Jump Up (titled after a Caribbean phrase that is used to describe a celebration) is meant to acquaint readers with these traditions and to give them suggested practices for honoring past traditions in new ways.African traditions form the core of the book, and ceremonies and practices from Europe, Asia, the Americas, and the South Pacific are interwoven throughout. Readers will encounter the origin of well-known holidays and, at the same time, learn about others that are unknown in the Western world. Some of the more familiar cultural-based seasonal holidays that appear in this book include Christmas, New Year s Day, Mardi Gras, Palm Sunday, Easter, May Day, Day of the Dead, and the African American holiday of Kwanzaa.Each season s story is accompanied by recipes, suggestions and guidelines for rituals...



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