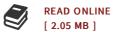




The Undiscovered Goddess

By Michelle Colston

Michelle Colston. Paperback. Book Condition: New. Paperback. 326 pages. Dimensions: 9.0in. x 6.0in. x 0.7in.Who knew a bottle of wine and a Cosmo quiz could change a womans life After finding out that shes leading a shallow and purposeless existence, according to the credible psychoanalysts at Cosmopolitan Magazine, Holly desperately wants to keep up with the trends and get in touch with her spiritual side. The only thing standing in her way is a boatload of neuroses and an affinity for good wine and junk food. As the housewife of a workaholic and a frazzled mother of three, Holly figures true enlightenment is impossible since relocating to a mountaintop to live in monk-like solitude isnt exactly practical. When scavenging the Self-Help section at the bookstore, she comes across a workbook titled Discover Your Inner Goddess. Her interest is piqued. Although Holly has a sneaking suspicion her inner goddess ran away screaming a long time ago, she decides to buy the book anyway, despite her inner cynic. Still, all skepticism aside, Holly commits to the exercises in the workbook, finding each of them to be more ridiculously uncomfortable than the one before it. Fear, a colon-cleanse, yoga and REALLY spicy curry,...



Reviews

These kinds of ebook is the ideal book readily available. Better then never, though i am quite late in start reading this one. You may like the way the blogger publish this ebook.

-- Miss Pat O'Keefe Sr.

Complete guideline! Its such a excellent read. This really is for all who statte there had not been a worth studying. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Timothy Lynch