



Adolescent Psychotherapy Homework Planner

By Jongsma Jr., Arthur E.; Peterson, L. Mark; McInnis, William P.

Wiley, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Practice Planners Series Preface. Acknowledgments. Homework Planners Introduction. SECTION I-Academic Underachievement. Exercise I.A Break It Down Into Small Steps. Exercise I.B Good Grade / Bad Grade Incident Reports. SECTION II-Adoption. Exercise II.A Questions and Concerns Around Being Adopted. Exercise II.B Some Things I'd Like You to Know. SECTION III-Anger Management. Exercise III.A Anger Control. Exercise III.B Stop Yelling. SECTION IV-Anxiety. Exercise IV.A Finding and Losing Your Anxiety. SECTION V-Attention- Defi cit / Hyperactivity Disorder (ADHD). Exercise V.A Getting It Done. Exercise V.B Social Skills Exercise. Exercise V.C Stop, Think, and Act. SECTION VI-Autism / Pervasive Developmental Disorder. Exercise VI.A Managing the Meltdowns. Exercise VI.B Progress Survey. SECTION VII-Blended Family. Exercise VII.A A Few Things About Me. Exercise VII.B Stepparent and Sibling Questionnaire. SECTION VIII-Chemical Dependence. Exercise VIII.A Keeping Straight. Exercise VIII.B Taking Your First Step. Exercise VIII.C Welcome to Recovery. SECTION IX-Conduct Disorder / Delinquency. Exercise IX.A Headed in the Right Direction. Exercise IX.B My Behavior and Its Full Impact. Exercise IX.C Patterns of Stealing. SECTION X-Depression. Exercise X.A Bad Thoughts Lead to Depressed Feelings. Exercise X.B Surface Behavior / Inner Feelings. Exercise X.C...



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