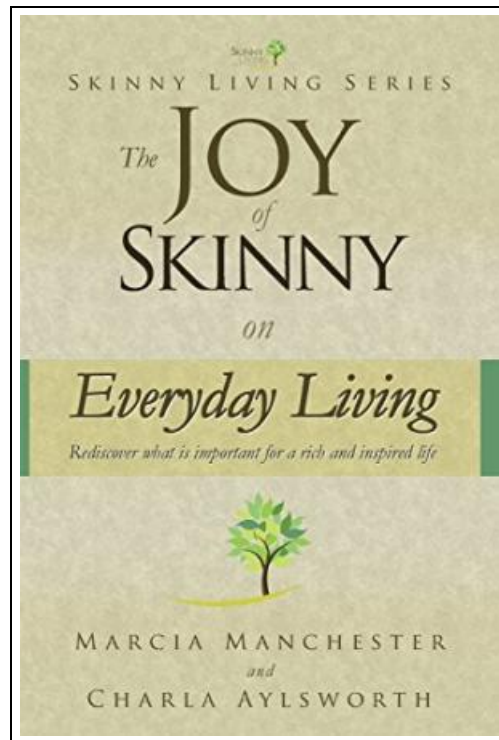


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THE JOY OF SKINNY: EVERYDAY LIVING (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Skinny Living Project is an outgrowth of The Joy of Skinny: Finances, the first book by Marcia Manchester and Charla Aylsworth. In looking at our relationship with money, they discovered that our habit of overspending to get more out of life extends well beyond our finances. Now, this book shows you how to turn the tables on this futile dynamic in twelve areas of life. We all know how great it feels to lose a few unwanted pounds. We re proud that we took charge, said enough is enough, and went for our bigger want-which wasn t a cupcake. With our eye on our bigger want, our mindset and actions adjust accordingly: We behave better with money, so our finances improve. We make better decisions in relationships because we re not trying to be someone we re not. We entertain to enjoy our friends, decorate to please ourselves, and give of ourselves generously. We parent without fear, think instead of react, and vacation without breaking the bank. We take care of ourselves because we know our well-being is central to the well-being of those we love. With this book, you will learn to become an unstoppable magnet for everything you really want.



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