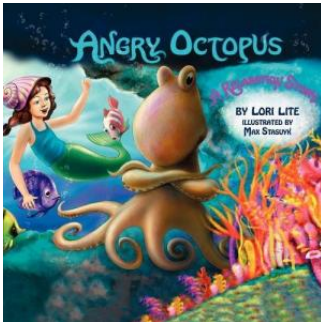


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## ANGRY OCTOPUS (PAPERBACK)



Stress Free Kids, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Angry Octopus is a story that teaches children how to use progressive muscle relaxation and breathing techniques to calm down, lower stress, and control anger. Children relate to the angry octopus in this story as the sea child shows the octopus how to take a deep breath, calm down, and manage anger. Angry Octopus Color Me Happy, Color Me Calm..

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- Authored by Lori Lite
- Released at 2011



Filesize: 3.3 MB

### Reviews

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-- **Prof. Barney Harris**

*I actually started out reading this book. It can be packed with wisdom and knowledge I discovered this ebook from my dad and i suggested this book to understand.*

-- **Prof. Barney Harris**

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